











# All-Time 48 hours

Updated 31dec2012/ aggiornata al 31.12.212

by Andy Milroy and Franco Anichini

























## Men

|                |                               |                  |            |  |          |                     |                  |               |
|----------------|-------------------------------|------------------|------------|--|----------|---------------------|------------------|---------------|
| <b>473.495</b> | <b>Yiannis Kouros</b>         | <b>13feb1956</b> | <b>AUS</b> |    | <b>1</b> | <b>Surgeres</b>     | <b>05may1996</b> | <b>track</b>  |
| 470.270        | Yiannis Kouros                | 13feb1956        | AUS        |  | 1        | Surgeres            | 08may1995        | track         |
| 452.270        | Yiannis Kouros                | 13feb1956        | AUS        |  | 1        | Montauban           | 17mar1995        | track         |
| 443.337        | Yiannis Kouros                | 13feb1956        | AUS        |  | 1        | Surgeres            | 30may2004        | track         |
| 438.813        | Yiannis Kouros                | 13feb1956        | AUS        |  | 1        | Surgeres            | 04may2003        | track         |
| 436.702        | Yiannis Kouros                | 13feb1956        | AUS        |  | 1        | Surgeres            | 05may2002        | track         |
| <b>433.686</b> | <b>Martin Fryer</b>           | <b>10sep1961</b> | <b>AUS</b> |    | <b>1</b> | <b>Surgeres</b>     | <b>26may2009</b> | <b>track</b>  |
| <b>433.384</b> | <b>Tomas Rusek</b>            | <b>27aug1948</b> | <b>CZE</b> |    | <b>2</b> | <b>Surgeres</b>     | <b>08may1995</b> | <b>track</b>  |
| 433.095        | Yiannis Kouros                | 13feb1956        | GRE        |  | 1        | Ronne               | 25may2008        | road          |
| 432.400        | Yiannis Kouros                | 13feb1956        | AUS        |  | 1        | Colac               | 26nov2005        | track         |
| 428.890        | Yiannis Kouros                | 13feb1956        | GRE        |  | 1        | New York            | 04jul1984        | track         |
| <b>427.562</b> | <b>Valeriy Goubar</b>         | <b>05jul1948</b> | <b>RUS</b> |    | <b>1</b> | <b>Surgeres</b>     | <b>09may1991</b> | <b>track</b>  |
| <b>426.448</b> | <b>Masayuki Otaki</b>         | <b>05jun1965</b> | <b>JPN</b> |    | <b>1</b> | <b>Surgeres</b>     | <b>13may2007</b> | <b>track</b>  |
| <b>426.178</b> | <b>Tony Mangan</b>            | <b>20apr1957</b> | <b>IRL</b> |    | <b>1</b> | <b>Brno</b>         | <b>18mar2007</b> | <b>indoor</b> |
| <b>425.125</b> | <b>Gilbert Mainix</b>         | <b>08jun1935</b> | <b>FRA</b> |    | <b>1</b> | <b>Surgeres</b>     | <b>09may1993</b> | <b>track</b>  |
| <b>423.804</b> | <b>Jean-Gilles Boussiquet</b> | <b>26jul1944</b> | <b>FRA</b> |    | <b>1</b> | <b>Surgeres</b>     | <b>10may1992</b> | <b>track</b>  |
| <b>423.262</b> | <b>Jaroslav Kocourek</b>      | <b>17jun1949</b> | <b>CZE</b> |   | <b>1</b> | <b>Brno</b>         | <b>22mar1998</b> | <b>indoor</b> |
| 422.829        | Yiannis Kouros                | 13feb1956        | AUS        |  | 1        | Surgeres            | 04may1997        | track         |
| 422.638        | Yiannis Kouros                | 13feb1956        | GRE        |  | 1        | Gols                | 04may2008        | road          |
| 420.400        | Yiannis Kouros                | 13feb1956        | GRE        |  | 1        | Colac               | 28nov1984        | track         |
| <b>420.000</b> | <b>Ramon Zabalo</b>           | <b>18nov1947</b> | <b>FRA</b> |  | <b>1</b> | <b>Montauban</b>    | <b>18may1984</b> | <b>track</b>  |
| 420.000        | Wonfgang Schwerk              | 28jul1955        | GER        |  | 1        | Athina              | 06apr2007        | road          |
| 417.211        | Gilbert Mainix                | 08jun1935        | FRA        |  | 1        | Surgeres            | 16mar1989        | track         |
| <b>414.148</b> | <b>Phil McCarthy</b>          | <b>23may1968</b> | <b>Usa</b> |  | <b>1</b> | <b>Augusta Nj</b>   | <b>15may2011</b> | <b>road</b>   |
| <b>413.630</b> | <b>Tiziano Marchesi</b>       | <b>02mar1969</b> | <b>Ita</b> |  | <b>1</b> | <b>Balatonfured</b> | <b>08may2011</b> | <b>road</b>   |
| 413.500        | Yiannis Kouros                | 13feb1956        | GRE        |  | 1        | Phoenix             | 01jan2006        | road          |
| <b>412.909</b> | <b>Kenji Okiyama</b>          | <b>05may1965</b> | <b>JPN</b> |  | <b>2</b> | <b>Brno</b>         | <b>18mar2007</b> | <b>indoor</b> |
| 412.000        | Jean-Gilles Boussiquet        | 26jul1944        | FRA        |  | 1        | La Rochelle         | 18nov1992        | indoor        |
| 410.550        | Jean-Gilles Boussiquet        | 26jul1944        | FRA        |  | 1        | Montauban           | 16mar1986        | track         |
| 410.204        | Gilbert Mainix                | 08jun1935        | FRA        |  | 2        | Surgeres            | 09may1991        | track         |

|                |                           |                  |            |  |          |                  |                  |               |
|----------------|---------------------------|------------------|------------|--|----------|------------------|------------------|---------------|
| <b>410.022</b> | <b>Paul Beckers</b>       | <b>22sep1962</b> | <b>BEL</b> |    | <b>1</b> | <b>Koln</b>      | <b>11jul1999</b> | <b>road</b>   |
| 408.773        | Yiannis Kouros            | 13feb1956        | GRE        |    | 1        | Queens Ny        | 23may1988        | road          |
| 408.010        | Yiannis Kouros            | 13feb1956        | AUS        |    | 1        | Brno             | 30mar2008        | indoor        |
| 408.000        | Jean-Gilles Boussiquet    | 26jul1944        | FRA        |    | 2        | Montauban        | 17mar1985        | track         |
| <b>407.966</b> | <b>Ryoichi Sekiya</b>     | <b>12feb1967</b> | <b>JPN</b> |    | <b>1</b> | <b>Surgeres</b>  | <b>23may2010</b> | <b>track</b>  |
| 407.573        | Gilbert Mainix            | 08jun1935        | FRA        |    | 1        | Surgeres         | 09oct1987        | track         |
| 407.343        | Kenji Okiyama             | 05may1965        | JPN        |    | 1        | Brno             | 20mar2005        | indoor        |
| 405.638        | Masayuki Otaki            | 11jul1964        | JPN        |    | 1        | Surgeres         | 15nov2005        | track         |
| <b>405.035</b> | <b>Seigi Arita</b>        | <b>25jan1957</b> | <b>JPN</b> |    | <b>2</b> | <b>Surgeres</b>  | <b>05may1996</b> | <b>track</b>  |
| 404.759        | Jaroslav Kocourek         | 17jun1949        | CZE        |    | 1        | Brno             | 19mar2000        | indoor        |
| 404.432        | Yiannis Kouros            | 13feb1956        | AUS        |    | 1        | Surgeres         | 03jun2000        | track         |
| 404.055        | Tiziano Marchesi          | 02mar1969        | ITA        |    | 1        | Gols             | 24may2009        | road          |
| 403.622        | Tomas Rusek               | 27aug1948        | CZE        |    | 1        | Koln             | 17jul1994        | road          |
| 403.200        | Jean-Gilles Boussiquet    | 26jul1944        | FRA        |    | 1        | La Rochelle      | 09oct1985        | indoor        |
| 402.321        | Ryoichi Sekiya            | 12feb1967        | JPN        |    | 2        | Surgeres         | 26may2009        | track         |
| <b>402.000</b> | <b>Wolfgang Schwerk</b>   | <b>28jul1955</b> | <b>GER</b> |    | <b>1</b> | <b>Athina</b>    | <b>23mar2008</b> | <b>road</b>   |
| 401.416        | Ryoichi Sekiya            | 12feb1967        | JPN        |    | 1        | Surgeres         | 18may2008        | track         |
| <b>401.208</b> | <b>Richard Brown</b>      | <b>18nov1946</b> | <b>GBR</b> |    | <b>3</b> | <b>Surgeres</b>  | <b>09may1991</b> | <b>track</b>  |
| 401.114        | Tony Mangan               | 20apr1957        | IRL        |    | 2        | Surgeres         | 13may2007        | track         |
| 400.200        | Jean-Gilles Boussiquet    | 26jul1944        | FRA        |    | 1        | La Rochelle      | 10oct1984        | indoor        |
| <b>400.000</b> | <b>John Geesler</b>       | <b>02sep1959</b> | <b>USA</b> |   | <b>1</b> | <b>Phoenix</b>   | <b>01jan2004</b> | <b>road</b>   |
| <b>399.696</b> | <b>Anatoliy Kruglikov</b> | <b>09oct1957</b> | <b>RUS</b> |  | <b>2</b> | <b>Surgeres</b>  | <b>09may1993</b> | <b>track</b>  |
| 397.400        | Gilbert Mainix            | 08jun1935        | FRA        |  | 2        | La Rochelle      | 18nov1992        | indoor        |
| 396.400        | Gilbert Mainix            | 08jun1935        | FRA        |  | 1        | La Rochelle      | 08oct1987        | indoor        |
| <b>395.843</b> | <b>Vlastimil Dvoracek</b> | <b>23mar1959</b> | <b>CZE</b> |  | <b>2</b> | <b>Brno</b>      | <b>20mar2005</b> | <b>indoor</b> |
| <b>395.675</b> | <b>Colin Dixon</b>        | <b>20apr1939</b> | <b>GBR</b> |  | <b>2</b> | <b>Montauban</b> | <b>18may1984</b> | <b>track</b>  |
| <b>395.153</b> | <b>Alain Mallereau</b>    | <b>28sep1950</b> | <b>FRA</b> |  | <b>3</b> | <b>Surgeres</b>  | <b>09may1993</b> | <b>track</b>  |
| 395.068        | Gilbert Mainix            | 08jun1935        | FRA        |  | 2        | Montauban        | 16mar1986        | track         |
| 394.178        | Jean-Gilles Boussiquet    | 26jul1944        | FRA        |  | 1        | Surgeres         | 08may1994        | track         |
| 393.504        | Martin Fryer              | 10sep1961        | AUS        |  | 1        | Caboolture       | 31aug2008        | track         |
| 392.372        | Paul Beckers              | 22aug1962        | BEL        |  | 1        | Brno             | 24mar2000        | indoor        |
| 392.076        | Wolfgang Schwerk          | 28jul1955        | GER        |  | 1        | Surgeres         | 14may2006        | track         |
| <b>392.067</b> | <b>Roy Pirrung</b>        | <b>07jul1948</b> | <b>USA</b> |  | <b>2</b> | <b>Surgeres</b>  | <b>04may1997</b> | <b>track</b>  |
| 391.519        | Gilbert Mainix            | 29apr1990        | FRA        |  | 1        | Surgeres         | 29apr1990        | track         |
| <b>389.539</b> | <b>Achim Heukemes</b>     | <b>25sep1951</b> | <b>GER</b> |  | <b>2</b> | <b>Koln</b>      | <b>11jul1999</b> | <b>road</b>   |
| <b>389.461</b> | <b>Bryan Smith</b>        | <b>26oct1943</b> | <b>AUS</b> |  | <b>1</b> | <b>Colac</b>     | <b>15nov1989</b> | <b>track</b>  |
| 388.429        | Martin Fryer              | 10sep1961        | Aus        |  | 1        | Caboolture       | 31jul2011        | track         |
| 387.885        | Gilbert Mainix            | 08jun1935        | FRA        |  | 1        | Surgeres         | 08may1988        | track         |
| 387.138        | Wolfgang Schwerk          | 28jul1955        | GER        |  | 1        | Erkrath          | 31jul2007        | track         |
| <b>386.638</b> | <b>Emmanuel Conraux</b>   | <b>30aug1968</b> | <b>FRA</b> |  | <b>2</b> | <b>Surgeres</b>  | <b>15may2005</b> | <b>track</b>  |

|                |                                   |                  |            |  |          |                    |                  |               |
|----------------|-----------------------------------|------------------|------------|--|----------|--------------------|------------------|---------------|
| <b>386.343</b> | <b>Jan Ondrus</b>                 | <b>11mar1955</b> | <b>CZE</b> |    | <b>3</b> | <b>Brno</b>        | <b>20mar2005</b> | <b>indoor</b> |
| <b>386.212</b> | <b>Ivan Durkovsky</b>             | <b>24sep1958</b> | <b>SVK</b> |    | <b>1</b> | <b>Brno</b>        | <b>26mar2006</b> | <b>indoor</b> |
| 385.527        | Gilbert Mainix                    | 08jun1935        | FRA        |  | 2        | Surgeres           | 08may1994        | track         |
| 385.038        | Jaroslav Kocourek                 | 17jun1949        | CZE        |  | 1        | Brno               | 28mar1999        | indoor        |
| <b>384.050</b> | <b>Dave Dowdle</b>                | <b>07nov1954</b> | <b>GBR</b> |    | <b>1</b> | <b>Gloucester</b>  | <b>15may2010</b> | <b>track</b>  |
| <b>382.380</b> | <b>Zoltan Kiss</b>                | <b>01jan1969</b> | <b>HUN</b> |    | <b>1</b> | <b>Brno</b>        | <b>23mar2003</b> | <b>indoor</b> |
| <b>382.317</b> | <b>Mikael Heerman</b>             | <b>15jan1969</b> | <b>FIN</b> |    | <b>2</b> | <b>Surgeres</b>    | <b>25may2010</b> | <b>track</b>  |
| 380.908        | Valeriy Goubar                    | 05jul1948        | RUS        |  | 3        | Surgeres           | 08may1995        | track         |
| 380.000        | Jaroslav Kocourek                 | 17jun1949        | CZE        |  | 1        | Colac              | 16nov1999        | track         |
| 378.659        | Tomas Rusek                       | 27aug1948        | CZE        |  | 1        | Brno               | 25mar1997        | indoor        |
| <b>378.495</b> | <b>Philip McCarthy</b>            | <b>23may1968</b> | <b>USA</b> |    | <b>2</b> | <b>Surgeres</b>    | <b>20may2009</b> | <b>track</b>  |
| <b>378.464</b> | <b>Christian Fatton</b>           | <b>24nov1959</b> | <b>SUI</b> |    | <b>1</b> | <b>Royan</b>       | <b>17oct2010</b> | <b>road</b>   |
| 377.560        | Wolfgang Schwerk                  | 28jul1955        | GER        |  | 1        | Koln               | 17jul2005        | road          |
| <b>376.987</b> | <b>Jean-Pierre Renaud</b>         | <b>16jun1959</b> | <b>FRA</b> |    | <b>3</b> | <b>Surgeres</b>    | <b>15may2005</b> | <b>track</b>  |
| <b>376.380</b> | <b>Fred Piron</b>                 | <b>07mar1956</b> | <b>FRA</b> |    | <b>3</b> | <b>Surgeres</b>    | <b>08may1994</b> | <b>track</b>  |
| <b>375.750</b> | <b>Patrick Simonet</b>            | <b>24sep1955</b> | <b>FRA</b> |    | <b>1</b> | <b>Haverford</b>   | <b>13jan1985</b> | <b>indoor</b> |
| 375.470        | Jean-Gilles Boussiquet            | 26jul1944        | FRA        |  | 1        | Surgeres           | 27apr1986        | track         |
| 374.909        | Vlastimil Dvoracek                | 23mar1959        | CZE        |  | 3        | Brno               | 18mar2007        | indoor        |
| <b>374.865</b> | <b>Jean-Pierre Delhotal</b>       | <b>21sep1946</b> | <b>FRA</b> |    | <b>4</b> | <b>Surgeres</b>    | <b>09may1991</b> | <b>track</b>  |
| 374.575        | Emmanuel Conraux                  | 30aug1968        | FRA        |  | 3        | Surgeres           | 26may2009        | track         |
| <b>373.550</b> | <b>Ian Ondrus</b>                 | <b>11mar1955</b> | <b>CZE</b> |    | <b>2</b> | <b>Brno</b>        | <b>26mar2006</b> | <b>indoor</b> |
| <b>373.142</b> | <b>Jari Tompoo</b>                | <b>16feb1966</b> | <b>Fin</b> |    | <b>1</b> | <b>Kaustinen</b>   | <b>07aug2011</b> | <b>road</b>   |
| <b>372.963</b> | <b>Lars-Skytte Christoffersen</b> | <b>07mar1972</b> | <b>DEN</b> |    | <b>3</b> | <b>Surgeres</b>    | <b>23may2010</b> | <b>track</b>  |
| 372.808        | Vlastimil Dvoracek                | 23mar1959        | CZE        |  | 2        | Brno               | 28mar1999        | indoor        |
| 372.765        | Tomas Rusek                       | 27aug1948        | CZE        |  | 1        | Surgeres           | 10may1998        | track         |
| <b>372.765</b> | <b>Kaname Sakurai</b>             | <b>14jan1964</b> | <b>JPN</b> |   | <b>3</b> | <b>Surgeres</b>    | <b>13may2007</b> | <b>track</b>  |
| 372.461        | John Geesler                      | 02sep1959        | USA        |  | 1        | Decatur            | ??nov2002        | track         |
| 372.057        | Tomas Rusek                       | 27aug1948        | CZE        |  | 2        | Brno               | 22mar1998        | indoor        |
| 372,162        | Seigi Arita                       | 25jan1957        | JPN        |  | 2        | Surgeres           | 10may1998        | track         |
| 371.559        | Ivan Durkovsky                    | 24sep1958        | SVK        |  | 1        | Brno               | 21mar2004        | indoor        |
| 371.500        | Yiannis Kouros                    | 13feb1956        | Gre        |  | 1        | Skovde             | 26aug2012        | track         |
| <b>370.381</b> | <b>August Jakubik</b>             | <b>15jan1959</b> | <b>POL</b> |  | <b>3</b> | <b>Brno</b>        | <b>19mar2000</b> | <b>indoor</b> |
| 369.717        | Valeriy Goubar                    |                  | RUS        |  | 2        | Surgeres           | 10may1992        | track         |
| <b>368.800</b> | <b>James Zarei</b>                | <b>13jan1944</b> | <b>GBR</b> |  | <b>3</b> | <b>La Rochelle</b> | <b>18nov1992</b> | <b>indoor</b> |
| <b>368.539</b> | <b>David Luljak</b>               | <b>14nov1955</b> | <b>USA</b> |  | <b>1</b> | <b>Queens Ny</b>   | <b>05nov1999</b> | <b>road</b>   |
| <b>368.370</b> | <b>Jean-Pierre Haec</b>           | <b>07oct1949</b> | <b>FRA</b> |  | <b>2</b> | <b>Gloucester</b>  | <b>15may1983</b> | <b>track</b>  |
| 367.000        | Wolfgang Schwerk                  | 28jul1955        | Ger        |  | +        | Athina             | 05apr2011        | road          |
| <b>366.930</b> | <b>Rimas Jakelaitis</b>           | <b>1955</b>      | <b>LTU</b> |  | <b>1</b> | <b>New York</b>    | <b>27apr2001</b> | <b>road</b>   |
| <b>366.750</b> | <b>Daniel Oralek</b>              | <b>29mar1970</b> | <b>CZE</b> |  | <b>1</b> | <b>Brno</b>        | <b>22mar2009</b> | <b>indoor</b> |

|                |                               |                  |            |  |          |                     |                  |               |
|----------------|-------------------------------|------------------|------------|--|----------|---------------------|------------------|---------------|
| <b>366.733</b> | <b>Claude Hardel</b>          | <b>28jan1958</b> | <b>FRA</b> |    | <b>4</b> | <b>Surgeres</b>     | <b>15may2005</b> | <b>track</b>  |
| 366.271        | Lars-Skytte Christoffersen    | 07mar1972        | DEN        |    | 2        | Ronne               | 25may2008        | road          |
| 366.130        | James Zarei                   | 13jan1944        | GBR        |    | 4        | Surgeres            | 08may1995        | track         |
| <b>365.623</b> | <b>Mike Newton</b>            | <b>01nov1941</b> | <b>GBR</b> |    | <b>1</b> | <b>Nottingham</b>   | <b>12apr1982</b> | <b>track</b>  |
| <b>365.280</b> | <b>Lucio Prado dos Santos</b> | <b>18sep1966</b> | <b>BRA</b> |    | <b>1</b> | <b>Phoenix</b>      | <b>01jan2000</b> | <b>road</b>   |
| 364.019        | Alain Mallereau               | 28sep1950        | FRA        |    | 4        | Surgeres            | 08may1994        | track         |
| <b>363.820</b> | <b>Marek Gulbierz</b>         | <b>24jun1961</b> | <b>POL</b> |    | <b>1</b> | <b>Koln</b>         | <b>13jul2003</b> | <b>road</b>   |
| 363.718        | Emmanuel Conraux              | 30aug1968        | FRA        |    | 3        | Surgeres            | 18may2008        | track         |
| 363.661        | Fred Piron                    | 07mar1956        | FRA        |    | 2        | Surgeres            | 29apr1990        | track         |
| <b>363.520</b> | <b>Petr Solnicka</b>          | <b>17jan1960</b> | <b>CZE</b> |    | <b>2</b> | <b>Brno</b>         | <b>21mar2004</b> | <b>indoor</b> |
| <b>363.332</b> | <b>Vladimir Tivikov</b>       | <b>16dec1951</b> | <b>RUS</b> |    | <b>4</b> | <b>Brno</b>         | <b>20mar2005</b> | <b>indoor</b> |
| 363.237        | Ivan Durkovsky                | 24sep1958        | SVK        |    | 3        | Brno                | 22mar1998        | indoor        |
| 363.120        | Claude Hardel                 | 28jan1958        | FRA        |    | 1        | Erkrath             | 02aug2005        | track         |
| <b>363.114</b> | <b>Philippe Catinaud</b>      | <b>11may1968</b> | <b>FRA</b> |    | <b>4</b> | <b>Surgeres</b>     | <b>05may2002</b> | <b>track</b>  |
| 362.753        | Alain Mallereau               |                  | FRA        |    | 3        | Surgeres            | 10may1992        | track         |
| <b>362.521</b> | <b>Martin Sattler</b>         | <b>21dec1950</b> | <b>GER</b> |    | <b>3</b> | <b>Brno</b>         | <b>26mar2006</b> | <b>indoor</b> |
| 362.000        | Tomas Rusek                   | 27aug1948        | CZE        |    | 2        | Colac               | 16nov1999        | track         |
| <b>361.600</b> | <b>Dusan Mravlje</b>          | <b>13feb1953</b> | <b>SLO</b> |    | <b>2</b> | <b>Colac</b>        | <b>20nov1988</b> | <b>track</b>  |
| <b>360.627</b> | <b>Jiri Hofman</b>            | <b>20mar1970</b> | <b>CZE</b> |    | <b>4</b> | <b>Brno</b>         | <b>18mar2007</b> | <b>indoor</b> |
| 360.028        | Alain Mallereau               |                  | FRA        |    | 5        | Surgeres            | 09may1991        | track         |
| 360.000        | Wolfgang Schwerk              | 28jul1955        | Ger        |    | +        | Balatonfured        | 11may2012        | road          |
| 359.970        | Christian Fatton              | 24nov1959        | SUI        |    | 1        | Royan               | 06sep2008        | road          |
| <b>359.819</b> | <b>Lucio Bazzana</b>          | <b>26jul1954</b> | <b>ITA</b> |   | <b>2</b> | <b>Brno</b>         | <b>25mar2001</b> | <b>indoor</b> |
| 359.715        | Fred Piron                    | 07mar1956        | FRA        |  | 2        | Surgeres            | 15may1989        | track         |
| <b>359.423</b> | <b>William Verdonck</b>       | <b>09dec1944</b> | <b>BEL</b> |  | <b>4</b> | <b>Surgeres</b>     | <b>23may1993</b> | <b>track</b>  |
| 358.883        | Wolfgang Schwerk              | 28jul1955        | GER        |  | 1        | New York            | 25apr2008        | road          |
| <b>358.875</b> | <b>Dan Brannen</b>            | <b>1954</b>      | <b>USA</b> |  | <b>2</b> | <b>Haverford</b>    | <b>13jan1985</b> | <b>indoor</b> |
| 357.875        | Emmanuel Conraux              | 30aug1968        | FRA        |  | 4        | Surgeres            | 23may2010        | track         |
| <b>357.600</b> | <b>Mark Heinemann</b>         | <b>1958</b>      | <b>USA</b> |  | <b>1</b> | <b>Phoenix</b>      | <b>01jan2003</b> | <b>road</b>   |
| 357.392        | Wolfgang Schwerk              | 28jul1955        | GER        |  | 5        | Brno                | 20mar2005        | indoor        |
| <b>357.200</b> | <b>Andre Alanon Vazquez</b>   | <b>07jan1957</b> | <b>ESP</b> |  | <b>2</b> | <b>Phoenix</b>      | <b>01jan2000</b> | <b>road</b>   |
| 357.038        | Richard Brown                 | 18nov1946        | GBR        |  | 2        | Brno                | 25mar1997        | indoor        |
| <b>357.000</b> | <b>Siegfried Bauer</b>        | <b>24jun1941</b> | <b>NZL</b> |  | <b>3</b> | <b>Colac</b>        | <b>28oct1984</b> | <b>track</b>  |
| 356.984        | Mikael Heerman                | 15jan1969        | FIN        |  | 1        | Skovde              | 30aug2009        | track         |
| 356.471        | Kaname Sakurai                | 04jan1964        | JPN        |  | 6        | Brno                | 20mar2005        | indoor        |
| <b>356.000</b> | <b>Joe Record</b>             | <b>04may1941</b> | <b>AUS</b> |  | <b>4</b> | <b>La Rochelle</b>  | <b>08oct1985</b> | <b>indoor</b> |
| <b>355.876</b> | <b>Trishul Cherns</b>         | <b>29mar1957</b> | <b>CAN</b> |  | <b>5</b> | <b>Surgeres</b>     | <b>08may1995</b> | <b>track</b>  |
| <b>355.312</b> | <b>James Shaw</b>             | <b>1944</b>      | <b>GBR</b> |  | <b>2</b> | <b>Blackpool</b>    | <b>07nov1988</b> | <b>track</b>  |
| <b>355.237</b> | <b>Csaba Lajko</b>            | <b>26oct1966</b> | <b>Hun</b> |  | <b>1</b> | <b>Balatonfured</b> | <b>13may2012</b> | <b>road</b>   |

|                |                             |                  |            |  |          |                   |                  |               |
|----------------|-----------------------------|------------------|------------|--|----------|-------------------|------------------|---------------|
| 353.669        | William Verdonck            | 09dec1944        | BEL        |  | 4        | Surgeres          | 10may1992        | track         |
| <b>353.463</b> | <b>Christian Leroux</b>     | <b>15oct1966</b> | <b>FRA</b> |  | <b>6</b> | <b>Surgeres</b>   | <b>04may2003</b> | <b>track</b>  |
| <b>353.162</b> | <b>Gilles Pallaruelo</b>    | <b>12apr1963</b> | <b>FRA</b> |  | <b>4</b> | <b>Surgeres</b>   | <b>18may2008</b> | <b>track</b>  |
| <b>352.667</b> | <b>Bernard Gaudin</b>       | <b>18sep1949</b> | <b>FRA</b> |  | <b>2</b> | <b>Surgeres</b>   | <b>10may1987</b> | <b>track</b>  |
| <b>352.500</b> | <b>Walther Raab</b>         | <b>03jun1945</b> | <b>GER</b> |  | <b>1</b> | <b>Koln</b>       | <b>12jul1998</b> | <b>road</b>   |
| <b>352.458</b> | <b>Arribert Hannapel</b>    | <b>14jan1940</b> | <b>SUI</b> |  | <b>6</b> | <b>Surgeres</b>   | <b>09may1991</b> | <b>track</b>  |
| <b>352.336</b> | <b>Christophe Laborie</b>   | <b>27sep1967</b> | <b>FRA</b> |  | <b>1</b> | <b>Normand</b>    | <b>04dec2010</b> | <b>indoor</b> |
| 352.227        | Valeriy Goubar              | 05jul1948        | RUS        |  | 1        | Brno              | 23mar1996        | indoor        |
| 352.182        | Vladimir Tivikov            | 16dec1951        | RUS        |  | 3        | Brno              | 21mar2004        | indoor        |
| <b>352.155</b> | <b>Guy Mallereau</b>        | <b>24feb1945</b> | <b>FRA</b> |  | <b>7</b> | <b>Surgeres</b>   | <b>09may1991</b> | <b>track</b>  |
| <b>352.040</b> | <b>Bernd Zander</b>         | <b>21nov1941</b> | <b>GER</b> |  | <b>3</b> | <b>Koln</b>       | <b>11jul1999</b> | <b>road</b>   |
| <b>352.027</b> | <b>Gunnlaugur Juliusson</b> | <b>08sep1952</b> | <b>ISL</b> |  | <b>1</b> | <b>Ronne</b>      | <b>20jun2010</b> | <b>road</b>   |
| 352.000        | Dusan Mravlje               | 13feb1953        | SLO        |  | 1        | Colac             | 18nov1987        | track         |
| 351.956        | Masayuki Otaki              | 05jun1965        | JPN        |  | 4        | Surgeres          | 26may2009        | track         |
| <b>351.888</b> | <b>Dave Cooper</b>          | <b>14oct1934</b> | <b>GBR</b> |  | <b>3</b> | <b>Gloucester</b> | <b>15may1983</b> | <b>track</b>  |
| 351.520        | Jiri Hofman                 | 20mar1970        | CZE        |  | 4        | Brno              | 26mar2006        | indoor        |
| 351.519        | Gilbert Mainix              | 08jun1935        | FRA        |  | 1        | Surgeres          | 01apr1990        | track         |
| 351.058        | Jiri Hofman                 | 20mar1970        | CZE        |  | 4        | Brno              | 30mar2008        | indoor        |
| 351.050        | Emmanuel Conraux            | 30aug1968        | FRA        |  | 4        | Surgeres          | 13nov2007        | track         |
| 351.050        | Richard Brown               | 18nov1946        | GBR        |  | 3        | Surgeres          | 10may1998        | track         |
| <b>350.994</b> | <b>Pierre Russias</b>       | <b>22mar1944</b> | <b>FRA</b> |  | <b>3</b> | <b>Surgeres</b>   | <b>01apr1990</b> | <b>track</b>  |
| <b>350.867</b> | <b>Evgeniy Ushakov</b>      | <b>01mar1952</b> | <b>RUS</b> |  | <b>6</b> | <b>Brno</b>       | <b>18mar2007</b> | <b>indoor</b> |
| <b>350.569</b> | <b>Miroslav Lasota</b>      | <b>08aèr1953</b> | <b>POL</b> |  | <b>3</b> | <b>Brno</b>       | <b>25mar2001</b> | <b>indoor</b> |
| <b>350.000</b> | <b>Hans-Peter Heise</b>     | <b>14jun1949</b> | <b>GER</b> |  | <b>2</b> | <b>Koln</b>       | <b>17jul1994</b> | <b>road</b>   |

## women

|                |                           |                  |            |   |          |                 |                  |               |
|----------------|---------------------------|------------------|------------|---|----------|-----------------|------------------|---------------|
| <b>397.103</b> | <b>Sumie Inagaki</b>      | <b>06apr1966</b> | <b>JPN</b> |  | <b>1</b> | <b>Surgeres</b> | <b>23may2010</b> | <b>track</b>  |
| <b>385.130</b> | <b>Mami Kudo</b>          | <b>17jul1964</b> | <b>JPN</b> |  | <b>1</b> | <b>Surgeres</b> | <b>26may2009</b> | <b>track</b>  |
| 382.718        | Sumie Inagaki             | 06apr1966        | JPN        |  | 1        | Surgeres        | 18may2008        | track         |
| 382.416        | Sumie Inagaki             | 06apr1966        | JPN        |  | 1        | Surgeres        | 14may2006        | track         |
| <b>377.892</b> | <b>Sue Ellen Trapp</b>    | <b>03mar1946</b> | <b>USA</b> |  | <b>1</b> | <b>Surgeres</b> | <b>04may1997</b> | <b>track</b>  |
| <b>372.415</b> | <b>Irina Reutovich</b>    | <b>20jan1950</b> | <b>RUS</b> |  | <b>1</b> | <b>Brno</b>     | <b>24mar2002</b> | <b>indoor</b> |
| <b>369.749</b> | <b>Edit Berces</b>        | <b>16may1964</b> | <b>HUN</b> |  | <b>1</b> | <b>Surgeres</b> | <b>04may2003</b> | <b>track</b>  |
| <b>369.146</b> | <b>Irina Koval</b>        | <b>19nov1958</b> | <b>RUS</b> |  | <b>1</b> | <b>Brno</b>     | <b>20mar2005</b> | <b>indoor</b> |
| <b>368.788</b> | <b>Galina Eremina</b>     | <b>14feb1953</b> | <b>RUS</b> |  | <b>2</b> | <b>Brno</b>     | <b>20mar2005</b> | <b>indoor</b> |
| 368.687        | Mami Kudo                 | 17jul1964        | Jpn        |  | 1        | Athina          | 10apr2011        | road          |
| 368.644        | Irina Reutovich           | 20jan1950        | RUS        |  | 1        | Brno            | 19mar2000        | indoor        |
| <b>367.918</b> | <b>Julia Fattou Alter</b> | <b>24apr1972</b> | <b>GER</b> |  | <b>1</b> | <b>Royan</b>    | <b>17oct2010</b> | <b>road</b>   |

|                |                               |                  |            |   |          |                  |                  |               |
|----------------|-------------------------------|------------------|------------|---|----------|------------------|------------------|---------------|
| 367.638        | Edit Berces                   | 16may1964        | HUN        |   | 1        | Surgeres         | 05may2002        | track         |
| 367.336        | Galina Eremina                | 14feb1953        | RUS        |   | 1        | Surgeres         | 13may2007        | track         |
| 366.927        | Irina Reutovich               | 20jan1950        | RUS        |   | 1        | Brno             | 23mar2003        | indoor        |
| <b>366.512</b> | <b>Hilary Walker</b>          | <b>09nov1953</b> | <b>GBR</b> |    | <b>1</b> | <b>Blackpool</b> | <b>07nov1988</b> | <b>track</b>  |
| <b>364.342</b> | <b>Masae Kamura</b>           | <b>04apr1958</b> | <b>JPN</b> |    | <b>3</b> | <b>Brno</b>      | <b>20mar2005</b> | <b>indoor</b> |
| <b>364.250</b> | <b>Michaela Dimitriadu</b>    | <b>23dec1973</b> | <b>CZE</b> |    | <b>1</b> | <b>Brno</b>      | <b>30mar2008</b> | <b>indoor</b> |
| 363.717        | Galina Eremina                | 14feb1953        | RUS        |   | 2        | Surgeres         | 14may2006        | track         |
| 363.416        | Edit Berces                   | 16may1964        | HUN        |   | 1        | Surgeres         | 30may2004        | track         |
| 363.415        | Sue Ellen Trapp               | 03mar1946        | USA        |   | 1        | Surgeres         | 05may1996        | track         |
| <b>363.123</b> | <b>Nina Mytروفanova</b>       | <b>26apr1957</b> | <b>UKR</b> |    | <b>4</b> | <b>Brno</b>      | <b>20mar2005</b> | <b>indoor</b> |
| 362.704        | Mami Kudo                     | 17jul1964        | JPN        |   | 2        | Surgeres         | 23may2010        | track         |
| 361.069        | Irina Reutovich               | 20jan1950        | RUS        |   | 1        | Brno             | 25mar2001        | indoor        |
| 360.750        | Galina Eremina                | 14feb1953        | RUS        |   | 1        | Brno             | 22mar2009        | indoor        |
| 360.109        | Sue Ellen Trapp               | 03mar1946        | USA        |   | 1        | Sacramento       | 15nov1993        | road          |
| 358.288        | Irina Reutovich               | 21jan1950        | RUS        |   | 2        | Surgeres         | 04may2003        | track         |
| 357.987        | Galina Eremina                | 14feb1953        | RUS        |   | 2        | Surgeres         | 26may2009        | track         |
| 357.686        | Michaela Dimitriadu           | 23dec1973        | CZE        |   | 3        | Surgeres         | 26may2009        | track         |
| 355.876        | Irina Koval                   | 19nov1958        | RUS        |   | 2        | Surgeres         | 13may2007        | track         |
| <b>354.971</b> | <b>Pam Reed</b>               | <b>27feb1961</b> | <b>USA</b> |    | <b>2</b> | <b>Surgeres</b>  | <b>30may2004</b> | <b>track</b>  |
| 353.436        | Irina Koval                   | 19nov1958        | RUS        |   | 1        | Brno             | 18mar2007        | indoor        |
| 353.161        | Michaela Dimitriadu           | 03dec1973        | CZE        |   | 3        | Surgeres         | 13may2007        | track         |
| 352.654        | Irina Koval                   | 19nov1958        | RUS        |   | 2        | Brno             | 24mar2002        | indoor        |
| <b>352.538</b> | <b>Eleanor Robinson Adams</b> | <b>20nov1947</b> | <b>GBR</b> |    | <b>1</b> | <b>Brno</b>      | <b>25mar1997</b> | <b>indoor</b> |
| 352.257        | Irina Koval                   | 19nov1958        | RUS        |   | 1        | Surgeres         | 15may2005        | track         |
| 352.257        | Michaela Dimitriadu           | 23dec1973        | CZE        |   | 3        | Surgeres         | 14may2006        | track         |
| 350.525        | Irina Reutovich               | 20jan1958        | RUS        |   | 1        | Brno             | 21mar2004        | indoor        |
| 349.545        | Eleanor Robinson Adams        | 20nov1947        | GBR        |   | 1        | Brno             | 23feb1996        | indoor        |
| <b>348.939</b> | <b>Susan Olsen</b>            | <b>09may1957</b> | <b>USA</b> |   | <b>2</b> | <b>Surgeres</b>  | <b>08may1994</b> | <b>track</b>  |
| <b>348.915</b> | <b>Barbara Szlachetka</b>     | <b>17nov1956</b> | <b>POL</b> |  | <b>1</b> | <b>Koln</b>      | <b>13jul2003</b> | <b>road</b>   |
| 347.431        | Nina Mitrofanova              | 26apr1957        | UKR        |   | 2        | Surgeres         | 15may2005        | track         |
| <b>347.420</b> | <b>Arlette Touchard</b>       | <b>28jun1941</b> | <b>FRA</b> |  | <b>1</b> | <b>Montauban</b> | <b>16mar1986</b> | <b>track</b>  |
| 346.527        | Sumie Inagaki                 | 06apr1966        | JPN        |   | 4        | Surgeres         | 26may2009        | track         |
| <b>346.500</b> | <b>Fumie Sata</b>             | <b>25jun1962</b> | <b>JPN</b> |  | <b>1</b> | <b>Phoenix</b>   | <b>01jan2004</b> | <b>road</b>   |
| <b>346.220</b> | <b>Cornelia Bullig</b>        | <b>28sep1959</b> | <b>GER</b> |  | <b>1</b> | <b>Kladno</b>    | <b>01aug2010</b> | <b>road</b>   |
| 345.923        | Masae Kamura                  | 04apr1958        | JPN        |   | 4        | Surgeres         | 13may2007        | track         |
| <b>345.494</b> | <b>Angela Mertens</b>         | <b>11nov1941</b> | <b>BEL</b> |  | <b>1</b> | <b>Surgeres</b>  | <b>08may1988</b> | <b>track</b>  |
| 344.114        | Irina Reutovich               | 20jan1950        | RUS        |   | 2        | Surgeres         | 05may2002        | track         |
| <b>343.779</b> | <b>Marianne Savage</b>        | <b>26jan1949</b> | <b>GBR</b> |  | <b>2</b> | <b>Blackpool</b> | <b>07nov1988</b> | <b>track</b>  |
| 343.302        | Cornelia Bullig               | 20sep1959        | Ger        |   | 1        | Kladno           | 31jul2011        | track         |
| <b>343.222</b> | <b>Helga Backhaus</b>         | <b>19jan1953</b> | <b>GER</b> |  | <b>1</b> | <b>Koln</b>      | <b>11jul1999</b> | <b>road</b>   |

|                |                                    |                  |            |   |          |                     |                  |              |
|----------------|------------------------------------|------------------|------------|---|----------|---------------------|------------------|--------------|
| 341.098        | Irina Reutovich                    | 20jan1950        | RUS        |   | 3        | Surgeres            | 30may2004        | track        |
| 339.771        | Galina Eremina                     | 14feb1953        | RUS        |   | 3        | Surgeres            | 23may2010        | track        |
| 337.780        | Irina Reutovich                    | 20jan1950        | RUS        |   | 4        | Surgeres            | 23may2006        | track        |
| 337.592        | Helga Backhaus                     | 19jan1953        | GER        |   | 1        | Koln                | 16jul2000        | road         |
| <b>336.876</b> | <b>Christiane Le Cerf</b>          | <b>12jun1950</b> | <b>FRA</b> |    | <b>3</b> | <b>Surgeres</b>     | <b>05may2002</b> | <b>track</b> |
| 336.574        | Masae Kamura                       | 04apr1958        | JPN        |   | 2        | Surgeres            | 18may2008        | track        |
| <b>336.410</b> | <b>Marika Heinlein</b>             | <b>01sep1962</b> | <b>GER</b> |    | <b>5</b> | <b>Surgeres</b>     | <b>26may2009</b> | <b>track</b> |
| 336.410        | Susan Olsen                        | 09may1957        | USA        |   | 1        | Surgeres            | 09may1993        | track        |
| 336.272        | Susan Olsen                        | 09may1957        | USA        |   | 2        | Surgeres            | 05may1996        | track        |
| 334.525        | Galina Eremina                     | 14feb1953        | RUS        |   | 2        | Brno                | 30mar2008        | indoor       |
| 334.423        | Nina Mitrofanova                   | 26apr1957        | UKR        |   | 2        | Brno                | 18mar2007        | indoor       |
| 334.038        | Eleanor Robinson Adams             | 28nov1947        | GBR        |   | 1        | Montauban           | 17mar1985        | track        |
| 333.875        | Helga Backhaus                     | 19jan1953        | GER        |   | 2        | Brno                | 19mar2000        | indoor       |
| <b>333.860</b> | <b>Hiroko Okiyama</b>              | <b>21apr1962</b> | <b>JPN</b> |    | <b>4</b> | <b>Surgeres</b>     | <b>30may2004</b> | <b>track</b> |
| 333.762        | Cornelia Bullig                    | 20sep1959        | GER        |   | 1        | Koln                | 11jul2004        | road         |
| <b>333.026</b> | <b>Sharon Scholz</b>               | <b>31jul1976</b> | <b>AUS</b> |    | <b>1</b> | <b>Caboolture</b>   | <b>01aug2010</b> | <b>track</b> |
| 332.955        | Irina Reutovich                    | 20jan1950        | RUS        |   | 3        | Surgeres            | 15may2005        | track        |
| 332.653        | Sue Ellen Trapp                    | 03mar1946        | USA        |   | 1        | Surgeres            | 06may2001        | track        |
| <b>332.534</b> | <b>Catherine Dipali Cunningham</b> | <b>27aug1958</b> | <b>Aus</b> |    | <b>2</b> | <b>Kladno</b>       | <b>31jul2011</b> | <b>track</b> |
| 332.352        | Susan Olsen                        | 09may1957        | USA        |   | 1        | Surgeres            | 03jun2000        | track        |
| 331.228        | Michaela Dimitriadu                | 23dec1973        | CZE        |   | 1        | Brno                | 26mar2006        | indoor       |
| 331.145        | Masae Kamura                       | 04apr1958        | JPN        |   | 5        | Surgeres            | 14may2006        | track        |
| <b>329.930</b> | <b>Liz Bauer</b>                   | <b>1959</b>      | <b>USA</b> |    | <b>1</b> | <b>Augusta</b>      | <b>16may2010</b> | <b>road</b>  |
| 329.336        | Eleanor Robinson Adams             | 28nov1947        | GBR        |   | 3        | Surgeres            | 05may1996        | track        |
| <b>329.256</b> | <b>Helen Stanger</b>               | <b>04jun1950</b> | <b>AUS</b> |    | <b>1</b> | <b>Lota</b>         | <b>04jun1995</b> | <b>track</b> |
| 329.110        | Eleanor Robinson Adams             | 28nov1947        | GBR        |   | 1        | Colac               | 22nov1987        | track        |
| 328.988        | Helga Backhaus                     | 19jan1953        | GER        |   | 1        | Brno                | 28mar1999        | indoor       |
| <b>328.222</b> | <b>Heike Pawzik</b>                | <b>21sep1963</b> | <b>GER</b> |   | <b>2</b> | <b>Koln</b>         | <b>13jul2003</b> | <b>road</b>  |
| <b>327.526</b> | <b>Sandra Brown</b>                | <b>01apr1949</b> | <b>GBR</b> |  | <b>5</b> | <b>Surgeres</b>     | <b>13may2007</b> | <b>track</b> |
| 327.514        | Irina Koval                        | 19nov1958        | RUS        |   | 2        | Brno                | 23mar2003        | indoor       |
| <b>326.541</b> | <b>Sandra Barwick</b>              | <b>27feb1949</b> | <b>NZL</b> |  | <b>1</b> | <b>Campbelltown</b> | <b>28nov1990</b> | <b>track</b> |
| <b>326.225</b> | <b>Mette Normid Pilgaard</b>       | <b>02apr1961</b> | <b>DEN</b> |  | <b>6</b> | <b>Surgeres</b>     | <b>14may2006</b> | <b>track</b> |
| 325.730        | Arlette Touchard                   | 28jun1941        | FRA        |   | 2        | Surgeres            | 09may1993        | track        |
| 325.486        | Sandra Barwick                     | 27feb1949        | NZL        |   | 3        | Blackpool           | 07nov1988        | track        |
| 324.749        | Irina Koval                        | 19nov1958        | RUS        |   | 2        | Brno                | 25mar2001        | indoor       |
| <b>323.686</b> | <b>Sandra Powell</b>               | <b>18jun1957</b> | <b>USA</b> |  | <b>4</b> | <b>Surgeres</b>     | <b>18may2008</b> | <b>track</b> |
| <b>323.657</b> | <b>Aleksandra Niwinska</b>         | <b>1986</b>      | <b>POL</b> |  | <b>1</b> | <b>Katowice</b>     | <b>28jun2010</b> | <b>road</b>  |
| <b>323.138</b> | <b>Martina Hausmann</b>            | <b>13jan1960</b> | <b>GER</b> |  | <b>2</b> | <b>Koln</b>         | <b>11jul1999</b> | <b>road</b>  |
| 323.089        | Cornelia Bullig                    | 20sep1959        | GER        |   | 5        | Brno                | 20mar2005        | indoor       |
| <b>322.774</b> | <b>Nadine Weiss</b>                | <b>14aug1962</b> | <b>FRA</b> |  | <b>2</b> | <b>Royan</b>        | <b>17oct2010</b> | <b>road</b>  |

|                |                                 |                  |            |   |          |                   |                  |               |
|----------------|---------------------------------|------------------|------------|---|----------|-------------------|------------------|---------------|
| <b>322.404</b> | <b>Galina Gordeeva</b>          | <b>18apr1955</b> | <b>RUS</b> |    | <b>3</b> | <b>Brno</b>       | <b>24mar2002</b> | <b>indoor</b> |
| <b>322.399</b> | <b>Christine Bodet-David</b>    | <b>08may1958</b> | <b>FRA</b> |    | <b>6</b> | <b>Surgeres</b>   | <b>14may2006</b> | <b>track</b>  |
| 322.342        | Michaela Dimitriadu             | 23dec1973        | CZE        |    | 2        | Brno              | 18mar2007        | indoor        |
| 322.098        | Cornelia Bullig                 | 20sep1959        | FRA        |    | 5        | Surgeres          | 30may2004        | track         |
| <b>321.871</b> | <b>Gisela Fricke</b>            | <b>13may1953</b> | <b>GER</b> |    | <b>1</b> | <b>Koln</b>       | <b>14jul1996</b> | <b>road</b>   |
| 320.664        | Eleanor Robinson Adams          | 27nov1947        | GBR        |    | 1        | Surgeres          | 29apr1990        | track         |
| 320.590        | Edit Berces                     | 16may1964        | HUN        |    | 4        | Surgeres          | 15may2005        | track         |
| 320.157        | Michaela Dimitriadu             | 03dec1973        | CZE        |    | 4        | Surgeres          | 23may2010        | track         |
| 320.131        | Arlette Touchard                | 28jun1941        | FRA        |    | 1        | Surgeres          | 10may1992        | track         |
| 319.987        | Marika Heinlein                 | 01sep1962        | GER        |    | 5        | Surgeres          | 20may2008        | track         |
| 319.302        | Gisela Fricke                   | 13may1953        | GER        |    | 1        | Koln              | 17jul1994        | road          |
| 318.781        | Cornelia Bullig                 | 20sep1959        | GER        |    | 5        | Surgeres          | 15may2005        | track         |
| 318.718        | Arlette Touchard                | 28jun1941        | FRA        |    | 1        | Surgeres          | 09may1991        | track         |
| 317.875        | Susan Olsen                     | 09may1957        | USA        |    | 2        | Surgeres          | 04may1997        | track         |
| <b>317.761</b> | <b>Carolyn Tassie</b>           | <b>05may1958</b> | <b>NZL</b> |    | <b>1</b> | <b>Gold Coast</b> | <b>22aug2004</b> | <b>track</b>  |
| <b>316.866</b> | <b>Martine Bertin</b>           | <b>10may1951</b> | <b>FRA</b> |    | <b>6</b> | <b>Surgeres</b>   | <b>18may2008</b> | <b>track</b>  |
| <b>316.866</b> | <b>Paulette Fevre</b>           | <b>28dec1950</b> | <b>FRA</b> |    | <b>2</b> | <b>Surgeres</b>   | <b>06may2001</b> | <b>track</b>  |
| 316.800        | Heike Pawzik                    | 21sep1963        | GER        |    | 1        | Koln              | 14jul2002        | road          |
| <b>316.800</b> | <b>Paula Mairer</b>             | <b>03mar1959</b> | <b>AUT</b> |    | <b>1</b> | <b>Koln</b>       | <b>15jul2001</b> | <b>road</b>   |
| <b>315.948</b> | <b>Heather Foundling Hawker</b> | <b>25jan1966</b> | <b>Gbr</b> |    | <b>+</b> | <b>Monaco</b>     | <b>19nov2012</b> | <b>road</b>   |
| <b>315.463</b> | <b>Else Bayer</b>               | <b>30jun1939</b> | <b>GER</b> |    | <b>4</b> | <b>Surgeres</b>   | <b>05may1996</b> | <b>track</b>  |
| 315.161        | Christine Bodet-David           | 08may1958        | FRA        |    | 6        | Surgeres          | 15may2005        | track         |
| 315.161        | Susan Olsen                     | 09may1957        | USA        |    | 1        | Surgeres          | 10may1998        | track         |
| 314.256        | Eleanor Robinson Adams          | 28nov1947        | GBR        |    | 1        | Surgeres          | 08may1995        | track         |
| 314.245        | Martina Hausmann                | 13jan1960        | GER        |   | 2        | Brno              | 23mar1996        | indoor        |
| <b>314.048</b> | <b>Silvia Andonie Graziano</b>  | <b>07oct1955</b> | <b>MEX</b> |  | <b>1</b> | <b>Dallas</b>     | <b>27nov1988</b> | <b>road</b>   |
| 314.000        | Edit Berces                     | 16may1964        | HUN        |  | 1        | Athina            | 23mar2008        | road          |
| <b>313.975</b> | <b>Edith Couhe</b>              | <b>26apr1944</b> | <b>FRA</b> |  | <b>2</b> | <b>Montauban</b>  | <b>17mar1985</b> | <b>track</b>  |
| <b>312.715</b> | <b>Torill Fonn Hartikainen</b>  | <b>01nov1967</b> | <b>Swe</b> |  | <b>1</b> | <b>Skovde</b>     | <b>28aug2011</b> | <b>track</b>  |
| 312.400        | Sandra Brown                    | 01apr1949        | GBR        |  | 1        | Odessa            | 20oct1996        | track         |
| 312.212        | Dipali Cunningham               | 27aug1958        | AUS        |  | 1        | New York          | 05may1999        | road          |
| <b>312.024</b> | <b>Christa Vollmerhausen</b>    | <b>02dec1933</b> | <b>GER</b> |  | <b>4</b> | <b>Blackpool</b>  | <b>07nov1988</b> | <b>track</b>  |
| 311.149        | Edith Couhe                     | 26apr1944        | FRA        |  | 2        | Surgeres          | 09may1991        | track         |
| <b>311.000</b> | <b>Nadezhda Tarasova</b>        | <b>07apr1952</b> | <b>RUS</b> |  | <b>6</b> | <b>Brno</b>       | <b>20mar2005</b> | <b>indoor</b> |
| 310.637        | Sandra Powell                   | 10jun1957        | USA        |  | 6        | Surgeres          | 13may2007        | track         |
| 310.603        | Dipali Cunningham               | 27aug1958        | AUS        |  | 1        | New York          | 01may2001        | road          |
| 310.410        | Martina Hausmann                | 13jan1960        | GER        |  | 2        | Koln              | 14jul2002        | road          |
| 310.003        | Marika Heinlein                 | 01sep1962        | GER        |  | 5        | Surgeres          | 23may2010        | track         |
| 309.800        | Paula Mairer                    | 03mar1959        | AUT        |  | 1        | Koln              | 13jul1997        | road          |
| 309.431        | Martine Bertin                  | 10may1951        | FRA        |  | 6        | Surgeres          | 26may2009        | track         |



|                |                               |                  |            |   |          |                     |                   |               |
|----------------|-------------------------------|------------------|------------|---|----------|---------------------|-------------------|---------------|
| 309.129        | Christine Bodet-David         | 08may1958        | FRA        |   | 7        | Surgeres            | 13may2007         | track         |
| 308.275        | Irina Koval                   | 19nov1958        | RUS        |   | 2        | Brno                | 21mar2004         | indoor        |
| 308.100        | Paula Mairer                  | 03mar1959        | AUT        |   | 1        | Koln                | 14jul2002         | road          |
| 307.947        | Edith Couhe                   | 26apr1944        | FRA        |   | 2        | Surgeres            | 10may1992         | track         |
| 307.923        | Martina Hausmann              | 13jan1960        | GER        |   | 5        | Surgeres            | 05may1996         | track         |
| <b>307.608</b> | <b>Maria Tahkavuori</b>       | <b>03sep1962</b> | <b>Fin</b> |    | <b>1</b> | <b>Koln</b>         | <b>17jul2011</b>  | <b>track</b>  |
| 307.037        | Sandra Brown                  | 01apr1949        | GBR        |   | 3        | Surgeres            | 09may1991         | track         |
| 306.469        | Sandra Powell                 | 10jun1957        | USA        |   | 2        | Augusta             | 18may2010         | road          |
| 306.415        | Irina Koval                   | 19nov1958        | RUS        |   | 7        | Surgeres            | 14may2006         | track         |
| 306.222        | Sandra Brown                  | 01apr1949        | GBR        |   | 2        | Koln                | 17jul1994         | road          |
| 306.183        | Martina Hausmann              | 13jan1960        | GER        |   | 3        | Brno                | 21mar2004         | indoor        |
| 306.113        | Mette Normid Pilgaard         | 02apr1961        | DEN        |   | 8        | Surgeres            | 13may2007         | track         |
| 306.063        | Martina Hausmann              | 13jun1960        | GER        |   | 1        | Koln                | 12jul1998         | road          |
| <b>305.830</b> | <b>Maria Teresa Nardin</b>    | <b>19nov1950</b> | <b>ITA</b> |    | <b>3</b> | <b>Brno</b>         | <b>23mar2003</b>  | <b>indoor</b> |
| <b>305.820</b> | <b>Francoise Lamothe</b>      | <b>25nov1923</b> | <b>FRA</b> |    | <b>3</b> | <b>Surgeres</b>     | <b>16may1986</b>  | <b>track</b>  |
| <b>305.527</b> | <b>Nidhruvi Zimmermann</b>    | <b>26jun1965</b> | <b>AUT</b> |    | <b>3</b> | <b>Koln</b>         | <b>15jul2001</b>  | <b>road</b>   |
| <b>305.049</b> | <b>Karin Sperrer</b>          | <b>01jun1961</b> | <b>Aut</b> |    | <b>1</b> | <b>Gols</b>         | <b>05jun2011</b>  | <b>road</b>   |
| 304.987        | Martina Hausmann              | 13jan1960        | GER        |   | 7        | Surgeres            | 15may2005         | track         |
| <b>304.800</b> | <b>Donna Barbara Hudson</b>   | <b>07oct1947</b> | <b>USA</b> |    | <b>2</b> | <b>Colac</b>        | <b>18nov1987</b>  | <b>track</b>  |
| <b>304.675</b> | <b>Outi Siimes</b>            | <b>19jun1971</b> | <b>Fin</b> |    | <b>1</b> | <b>Kaustinen</b>    | <b>07aug2011</b>  | <b>road</b>   |
| <b>304.564</b> | <b>Jannet Lange</b>           | <b>12jul1964</b> | <b>Ned</b> |    | <b>1</b> | <b>Bornholm</b>     | <b>10jun2012</b>  | <b>road</b>   |
| <b>304.466</b> | <b>Veronique Jehanno</b>      | <b>27dec1962</b> | <b>FRA</b> |    | <b>6</b> | <b>Surgeres</b>     | <b>23may2010</b>  | <b>track</b>  |
| 304.304        | Gisela Fricke                 | 13may1953        | GER        |   | 6        | Surgeres            | 05may1996         | track         |
| 304.166        | Dipali Cunningham             | 27aug1958        | AUS        |   | 1        | New York            | 28apr2009         | road          |
| 304.002        | Martina Hausmann              | 13jan1960        | GER        |   | 3        | Surgeres            | 08may1995         | track         |
| 303.600        | Martina Hausmann              | 13jan1960        | GER        |   | 2        | Brno                | 28mar1999         | indoor        |
| 303.399        | Pam Reed                      | 27feb1961        | USA        |   | 7        | Surgeres            | 14may2006         | track         |
| <b>303.326</b> | <b>Karin Sperrer</b>          | <b>01jun1961</b> | <b>AUT</b> |  | <b>1</b> | <b>Gols</b>         | <b>24may2009</b>  | <b>road</b>   |
| 303.098        | Gisela Fricke                 | 13may1953        | GER        |   | 3        | Surgeres            | 04may1997         | track         |
| 302.900        | Christine Gray                | 1954             | GBR        |   | 5        | Blackpool           | 07nov1988         | track         |
| <b>302.620</b> | <b>Tuula Kristina Ahlholm</b> | <b>24mar1962</b> | <b>Fin</b> |  | <b>1</b> | <b>Balatonfured</b> | <b>08may2011</b>  | <b>road</b>   |
| 302.600        | Arlette Touchard              | 28jun1941        | FRA        |   | 3        | Montauban           | 17mar1985         | track         |
| <b>302.363</b> | <b>Zoltanne Nagy</b>          | <b>07may1962</b> | <b>HUN</b> |  | <b>2</b> | <b>Gols</b>         | <b>24may2009</b>  | <b>road</b>   |
| <b>302.275</b> | <b>Georgina MacConnell</b>    | <b>1945</b>      | <b>AUS</b> |  | <b>1</b> | <b>Queensland</b>   | <b>06jun1993</b>  | <b>track</b>  |
| <b>302.175</b> | <b>Marcy Scham</b>            | <b>11feb1953</b> | <b>USA</b> |  | <b>1</b> | <b>Haverford</b>    | <b>13jan1985</b>  | <b>indoor</b> |
| <b>302.042</b> | <b>Riyoko Motoki</b>          | <b>24aug1951</b> | <b>JPN</b> |  | <b>1</b> | <b>Tokyo</b>        | <b>17sep20053</b> | <b>road</b>   |
| 302.027        | Gisela Fricke                 | 13may1953        | GER        |   | 1        | Koln                | 16jun1995         | road          |
| 301.750        | Cornelia Bullig               | 20sep1959        | GER        |   | 7        | Surgeres            | 23may2010         | track         |
| 301.590        | Christiane Le Cerf            | 12jun1950        | FRA        |   | 8        | Surgeres            | 15may2005         | track         |
| <b>301.588</b> | <b>Josiane Oudart</b>         | <b>13may1953</b> | <b>FRA</b> |  | <b>3</b> | <b>Surgeres</b>     | <b>10may1992</b>  | <b>track</b>  |







|                |                           |                  |            |   |          |                  |                  |              |
|----------------|---------------------------|------------------|------------|---|----------|------------------|------------------|--------------|
| <b>301.215</b> | <b>Tuula Ahlholm</b>      | <b>24mar1962</b> | <b>FIN</b> |   | <b>1</b> | <b>Athina</b>    | <b>28mar2010</b> | <b>road</b>  |
| 301.186        | Nadezhda Tarasova         | 07apr1952        | RUS        |   | 4        | Brno             | 18mar2007        | indoor       |
| 301.147        | Martina Hausmann          | 13jan1960        | GER        |   | 1        | Brno             | 22mar1998        | indoor       |
| <b>301.077</b> | <b>Kaneenika Janakova</b> | <b>1970</b>      | <b>Svk</b> |  | <b>3</b> | <b>Kladno</b>    | <b>31jul2011</b> | <b>track</b> |
| 301.000        | Cornelia Bullig           | 20sep1959        | GER        |   | 1        | Athina           | 03apr2007        | road         |
| <b>300.983</b> | <b>Tamara Merzlikina</b>  | <b>18jul1939</b> | <b>LAT</b> |  | <b>3</b> | <b>Surgeres</b>  | <b>09may1993</b> | <b>track</b> |
| 300.938        | Martina Hausmann          | 13jan1960        | GER        |   | 2        | Brno             | 25mar1997        | indoor       |
| 300.892        | Heike Pawzik              | 21sep1963        | GER        |   | 1        | Koln             | 17jul2005        | road         |
| 300.710        | Torill Fonn Hartikainen   | 01nov1967        | SWE        |   | 1        | Skovde           | 30aug2009        | track        |
| 300.704        | Heike Pawzik              | 21sep1963        | GER        |   | 2        | Koln             | 12jul1998        | road         |
| 300.685        | Helga Backhaus            |                  | GER        |   | 7        | Surgeres         | 05may1996        | track        |
| 300.663        | Martina Hausmann          | 13jan1960        | GER        |   | 2        | Koln             | 13jul1997        | road         |
| 300.543        | Christine Bodet-David     | 08may1958        | FRA        |   | 8        | Surgeres         | 23may2010        | track        |
| 300.383        | Martina Hausmann          | 13jan1960        | GER        |   | 2        | Surgeres         | 08may1994        | track        |
| <b>300.290</b> | <b>Christine Barrett</b>  | <b>20aug1948</b> | <b>GBR</b> |  | <b>4</b> | <b>Montauban</b> | <b>17mar1985</b> | <b>track</b> |

## NATIONAL RECORDS


### Men

|               |     |   |         |                            |          |           |        |
|---------------|-----|---|---------|----------------------------|----------|-----------|--------|
| world         |     |   | 473.495 | Yiannis Kouros - AUS/GRE   | Surgeres | 05may1996 | track  |
|               |     |   |         | <b>Europa</b>              |          |           |        |
| Area Record   |     |   | 473.495 | Yiannis Kouros - GRE       | Surgeres | 05may1996 | track  |
| Austria       | AUT |    | 346.337 | Franz Sack                 | Gols     | 24may2009 | road   |
| Belarus       | BLR |    | 324.812 | Nikolai Griboyedov         | Surgeres | 06may2001 | track  |
| Belgium       | BEL |    | 410.022 | Paul Beckers               | Koln     | 11jul1999 | road   |
| Bulgaria      | BUL |  | 254.000 | Radi Milev                 | Athina   | 05apr2011 | road   |
| Cyprus        | CYP |   | 225.000 | Sergios Nikolaidis         | Athina   | 10apr2011 | road   |
| Czech Rep.    | CZE |  | 433.384 | Tomas Rusek                | Surgeres | 08may1995 | track  |
| Denmark       | DEN |  | 372.963 | Lars-Skytte Christoffersen | Surgeres | 23may2010 | track  |
| Espana        | ESP |  | 357.280 | Andres Alanon Vazquez      | Phoenix  | 01jan2000 | road   |
| Finland       | FIN |  | 382.317 | Mikael Heerman             | Surgeres | 25may2010 | track  |
| France        | FRA |  | 425.125 | Gilbert Mainix             | Surgeres | 09may1993 | track  |
| Germany       | GER |  | 402.000 | Wolfgang Schwerk           | Athina   | 23mar2008 | road   |
| Great Britain | GBR |  | 401.208 | Richard Brown              | Surgeres | 09may1991 | track  |
| Greece        | GRE |  | 473.495 | Yiannis Kouros             | Surgeres | 05may1996 | track  |
| Hungary       | HUN |  | 382.380 | Zoltan Kiss                | Brno     | 23mar2003 | indoor |
| Ireland       | IRL |  | 426.178 | Tony Mangan                | Brno     | 18mar2007 | indoor |

|              |     |   |         |                          |              |           |        |
|--------------|-----|---|---------|--------------------------|--------------|-----------|--------|
| Island       | ISL |    | 352.027 | Gunnlaugur Juliusson     | Ronne        | 20jun2010 | road   |
| Italia       | ITA |    | 413.630 | Tiziano Marchesi         | Balatonfured | 08may2011 | road   |
| Latvia       | LAT |    | 346.008 | Georgs Jermolajevs       | New York     | 13sep1995 | road   |
| Lituania     | LTU |    | 366.930 | Rimas Jakelaitis         | New York     | 27apr2001 | road   |
| Makedonia    | MKD |    | 218.871 | Alekandar Cekorov        | New York     | 25apr2003 | road   |
| Moldova      | MDA |    | 252.400 | Mikhail Bulgaru          | Odessa       | 30oct1991 | track  |
| Nederland    | NED |    | 314.420 | Sjoerd Slaaf             | Koln         | 14jul2002 | road   |
| Norway       | NOR |    | 343.650 | Eiolf Eivindssen         | Ronne        | 25may2008 | road   |
| Poland       | POL |    | 370.381 | August Jakubik           | Brno         | 19mar2000 | indoor |
| Portugal     | POR |    | 348.223 | Daniel Cardoso Dias      | Royan        | 07oct2012 | road   |
| Romania      | ROU |    | 259.266 | Adrian Belitu            | Decatur      | 16nov2008 | road   |
| Russia       | RUS |    | 427.562 | Valeriy Goubar           | Surgeres     | 09may1991 | track  |
| Serbia       | SRB |    | 319.640 | Djuro Dobrijevic         | Brno         | 24mar2002 | indoor |
| Slovakia     | SVK |    | 386.212 | Ivan Durkovsky           | Brno         | 26mar2006 | indoor |
| Slovenia     | SLO |    | 361.600 | Dusan Mravlje            | Colac        | 20nov1988 | track  |
| Suisse       | SUI |    | 378.464 | Christian Fattou         | Royan        | 17oct2010 | road   |
| Sweden       | SWE |    | 341.737 | Jan Erik Ramstrom        | Skovde       | 26aug2012 | track  |
| Ukraina      | UKR |    | 339.732 | Vladimir Balatskyy       | Grapevine TX | 28nov2012 | road   |
|              |     |   |         | <b>Asia</b>              |              |           |        |
| Area Record  |     |   | 426.448 | Masayuki Otaki - JPN     | Surgeres     | 13may2007 | track  |
| India        | IND |    | 228.527 | Kumar Arun Bhardwaj      | New York     | 29apr2003 | road   |
| Japan        | JPN |    | 426.448 | Masayuki Otaki           | Surgeres     | 13may2007 | track  |
| Kazakistan   | KZK |    | 277.600 | Evgeniy Ponomarev        | Odessa       | 30oct1991 | track  |
| Taiwan       | TPE |   | 301.000 | Wu Sheng-ming            | Athina       | 23mar2008 | road   |
| Uzbekistan   | UZB |  | 156.400 | Yuriy Lynov              | Odessa       | 30oct1991 | track  |
|              |     |   |         | <b>Africa</b>            |              |           |        |
| Area Record  |     |   | 332.000 | Johannes Gawaxamab - NAM | Randburg     | 03apr2001 | road   |
| Egypt        | EGY |  | 126.000 | Mouhammad Hosany         | Al Qahira    | 09jan2009 | road   |
| Namibia      | NAM |  | 332.000 | Johannes Gawaxamab       | Randburg     | 03apr2001 | road   |
| South Africa | RSA |  | 312.000 | K.T.Moodley              | Randburg     | 03apr2001 | road   |
|              |     |   |         | <b>North America</b>     |              |           |        |
| Area Record  |     |   | 414.148 | Phil McCarthy - USA      | Augusta NJ   | 15may2011 | road   |
| Canada       | CAN |  | 355.876 | Trishul Cherns           | Surgeres     | 08may1995 | track  |
| U.S.A.       | USA |  | 414.148 | Phil McCarthy            | Augusta NJ   | 15may2011 | road   |
|              |     |   |         | <b>C.A.C</b>             |              |           |        |
| Area Record  |     |   | 218.387 | Jose Antonio Munoz - MEX | Decatur      | 28nov2004 | road   |
| Mexico       | Mex |  | 218.387 | Jose Antonio Munoz       | Decatur      | 28nov2004 | road   |
|              |     |   |         | <b>South America</b>     |              |           |        |

|             |     |   |         |                              |              |           |       |
|-------------|-----|---|---------|------------------------------|--------------|-----------|-------|
| Area Record |     |   | 365.280 | Lucio Prado dos Santos - BRA | Phoenix      | 01jan2000 | road  |
| Argentina   | ARG |  | 336.691 | Jose Gregorio Tejada         | Buenos Aires | 12nov2012 | road  |
| Brasil      | BRA |  | 365.280 | Lucio Prado dos Santos       | Phoenix      | 01jan2000 | road  |
| Peru        | PER |  | 246.804 | Dario Chavez Tello           | Sao Paulo    | 23jul2000 | road  |
| Uruguay     | URU |  | 263.213 | Hector Yeritano              | Buenos Aires | 13dec2009 | track |
|             |     |   |         | <b>Oceania</b>               |              |           |       |
| Area Record |     |   | 473.495 | Yiannis Kouros - AUS/GRE     | Surgeres     | 05may1996 | track |
| Australia   | AUS |  | 473.495 | Yiannis Kouros               | Surgeres     | 05may1996 | track |
| New Zealand | NZL |  | 357.000 | Siegfried Bauer              | Colac        | 28oct1984 | track |

## Women

|               |     |   |         |                          |           |           |        |
|---------------|-----|---|---------|--------------------------|-----------|-----------|--------|
| world         |     |   | 397.103 | Sumie Inagaki - JPN      | Surgeres  | 23may2010 | track  |
|               |     |   |         | <b>Europa</b>            |           |           |        |
| Area Record   |     |   | 372.415 | Irina Reutovich - RUS    | Brno      | 24mar2002 | indoor |
| Austria       | AUT |    | 316.800 | Paula Mairer             | Koln      | 15jul2001 | road   |
| Belarus       | BLR |    | 215.580 | Larisa Zub               | Vinnitsa  | 28jun2010 | road   |
| Belgium       | BEL |    | 345.494 | Angela Mertens           | Surgeres  | 08may1988 | track  |
| Czech Rep.    | CZE |    | 364.250 | Michaela Dimitriadu      | Brno      | 30mar2008 | indoor |
| Denmark       | DEN |    | 326.225 | Mette Normid Pilgaard    | Surgeres  | 14may2006 | track  |
| Espana        | ESP |    | 269.500 | Cristina Gonzalez Garcia | Antibes   | 05jun2012 | road   |
| Estonia       | EST |    | 215.652 | Kadri Porits             | New York  | 12sep2000 | road   |
| Finland       | FIN |    | 307.608 | Maria Tahkavuori         | Koln      | 17jul2011 | track  |
| France        | FRA |    | 347.420 | Arlette Touchard         | Montauban | 16mar1986 | track  |
| Germany       | GER |    | 367.918 | Julia Fatton             | Royan     | 17oct2010 | road   |
| Great Britain | GBR |   | 366.512 | Hilary Walker            | Blackpool | 07nov1988 | track  |
| Greece        | GRE |  | 201.000 | Dimitra Giannakopoulos   | Athina    | 10apr2009 | road   |
| Hungary       | HUN |  | 369.749 | Edit Berces              | Surgeres  | 04may2003 | track  |
| Italia        | ITA |  | 305.830 | Maria Teresa Nardin      | Brno      | 23mar2003 | indoor |
| Latvia        | LAT |  | 300.983 | Tamara Merzikina         | Surgeres  | 09may1993 | track  |
| Moldova       | MDA |  | 167.371 | Stela Doni               | New York  | 03may2005 | road   |
| Nederland     | NED |  | 304.564 | Jannet Lange             | Bornholm  | 10jun2012 | road   |
| Poland        | POL |  | 348.915 | Barbara Szlachetka       | Koln      | 13jul2003 | road   |
| Russia        | RUS |  | 372.415 | Irina Reutovich          | Brno      | 24mar2002 | indoor |
| Serbia        | SRB |  | 232.800 | Elvira Janosi            | Colac     | 20nov2001 | track  |
| Slovakia      | SVK |  | 301.077 | Theresa Janakova         | Kladno    | 31jul2011 | track  |
| Slovenia      | SLO |  | 243.010 | Tina Bercic              | New York  | 13sep2003 | road   |

|              |     |   |         |                               |              |           |        |
|--------------|-----|---|---------|-------------------------------|--------------|-----------|--------|
| Suisse       | SUI |    | 254.750 | Dorothea Vogeli               | Koln         | 11jul2004 | road   |
| Sweden       | SWE |    | 312.715 | Torill Fonn Hartikainen       | Skovde       | 28aug2011 | track  |
| Turkey       | TUR |    | 241.063 | Bakiye Duran                  | Brno         | 21mar2004 | indoor |
| Ukraina      | UKR |    | 363.123 | Nina Mytrofanova              | Brno         | 20mar2005 | indoor |
|              |     |   |         | <b>Asia</b>                   |              |           |        |
| Area Record  |     |   | 397.103 | Sumie Inagaki - JPN           | Surgeres     | 23may2010 | track  |
| Japan        | JPN |    | 397.103 | Sumie Inagaki                 | Surgeres     | 23may2010 | track  |
| Taiwan       | TPE |    | 273.000 | Chiou Shu-jung                | Athina       | 23mar2008 | road   |
|              |     |   |         | <b>Africa</b>                 |              |           |        |
| Area Record  |     |   | 241.000 | Charlotte Moller - RSA        | Randburg     | 28mar2000 | road   |
| Namibia      | NAM |    | 221.000 | Laurenzia Lindungo            | Randburg     | 03apr2001 | road   |
| South Africa | RSA |    | 241.000 | Charlotte Moller              | Randburg     | 28mar2000 | road   |
|              |     |   |         | <b>North America</b>          |              |           |        |
| Area Record  |     |   | 377.892 | Sue Ellen Trapp - USA         | Surgeres     | 04may1997 | track  |
| Canada       | CAN |    | 280.326 | Sylvie Boisvert               | Surgeres     | 23may2010 | track  |
| U.S.A.       | USA |    | 377.892 | Sue Ellen Trapp               | Surgeres     | 04may1997 | track  |
|              |     |   |         | <b>C.A.C.</b>                 |              |           |        |
| Area Record  |     |   | 314.048 | Silvia Andonie Graziano - MEX | Dallas       | 27nov1988 | road   |
| Mexico       | MEX |    | 314.048 | Silvia Andonie Graziano       | Dallas       | 27nov1988 | road   |
|              |     |   |         | <b>South America</b>          |              |           |        |
| Area Record  |     |   | 265.200 | Analia Razetto - ARG          | Buenos Aires | 06nov2011 | track  |
| Argentina    | ARG |    | 265.200 | Analia Razetto                | Buenos Aires | 06nov2011 | track  |
| Brasil       | BRA |    | 231.200 | Fatima Moraes Souza           | Sao Paulo    | 23jul2000 | road   |
| Uruguay      | URU |    | 222.800 | Mirta Hernandez               | Buenos Aires | 06nov2011 | track  |
|              |     |   |         | <b>Oceania</b>                |              |           |        |
| Area Record  |     |   | 333.026 | Sharon Scholz - AUS           | Caboolture   | 01aug2010 | track  |
| Australia    | AUS |  | 333.026 | Sharon Scholz                 | Caboolture   | 01aug2010 | track  |
| New Zealand  | NZL |  | 326.541 | Sandra Barwick                | Campbelltown | 28nov1990 | track  |